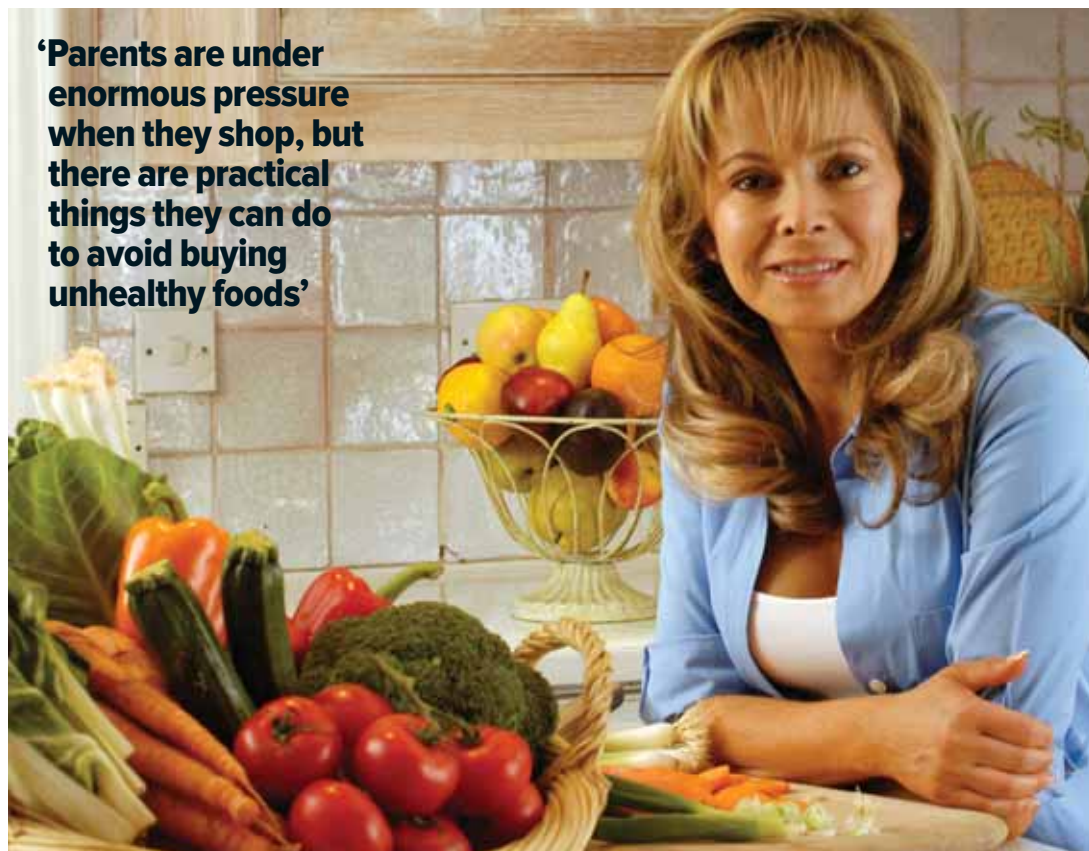




# Ask Which?

**'Parents are under enormous pressure when they shop, but there are practical things they can do to avoid buying unhealthy foods'**



Our campaign against junk food being marketed to children has been boosted by support from best-selling writer Annabel Karmel, author of books on food and nutrition for children and babies. See p79 for details

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### February 2006 Best Buy competition

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