



# GFG reviews



Anthony's at Flannels in Leeds offers a good-value set menu at lunchtime

With the credit crunch hitting home, the *GFG* offers advice on eating out without breaking the bank

## Meal deals

For many of us, eating out is no longer restricted to expensive special occasions. Over the past decade, the rise in gastropubs, bistros and deli-cafés means that going out to dinner is a casual, spontaneous treat if we don't fancy cooking at home. But as the cost of food and fuel spirals, eating out becomes an obvious target for cutting back.

So if you have a small budget but a large appetite, here's some advice so that you don't have to tighten your belt too much.

■ Look out for set menus, which are a great way of sampling very good restaurants without busting your budget. Top chefs often offer good, imaginative three-course set menus for little more than the cost of a normal main course. They're popular for lunch, but it's worth looking out for evening deals, too, especially pre- and post theatre.

See right for 10 of our favourite restaurants offering good-value set menus.

■ *The Good Food Guide* contains 10 vouchers, each giving you £5 off the cost of a meal (minimum two people) in participating restaurants. For more details of the 2009 guide, see below.

■ If the *GFG* restaurant you fancy doesn't participate in the voucher offer, check websites such as [www.toptable.com](http://www.toptable.com) or [www.lastminute.com](http://www.lastminute.com) – they have lists of restaurants that have special deals. Sometimes these may be combined with tickets for a show or a hotel.

■ Watch out for special trade or newspaper promotions, like London Restaurant Week. Some restaurants featured in the *GFG* may offer special menus or discounts during these periods.



## Good-value set menus

Prices are for three courses unless otherwise stated (L=lunch, D=dinner)

### ■ Agaric

30 North Street,  
Ashburton, Devon TQ13  
7QD, 01364 654478,  
[www.agaric  
restaurant.co.uk](http://www.agaricrestaurant.co.uk)  
*Real food in a convivial  
setting. Set L £12.95*

### ■ Allium

1 London Street,  
Fairford, Glos GL7 4AH,  
01285 712200  
*A country restaurant of  
some class. Set menus  
£19.50- £38.50*

### ■ The Anchor Inn

Sutton Gault, Sutton,  
Cambridgeshire CB6  
2BD, 01353 778537,  
[www.anchor Sutton  
gault.co.uk](http://www.anchor Sutton<br/>gault.co.uk)  
*Warm welcome and  
relaxed feel. Set L  
£13.65*

### ■ Anthony's at Flannels

68-78 Vicar Lane, Leeds  
LS1 7JH, 0113 242 8732,  
[www.anthonysat  
flannels.co.uk](http://www.anthonysat<br/>flannels.co.uk)  
*Anthony Flinn does  
urban cool. Set L £18.25*

### ■ Artisan and Catch

32-34 Sandygate Road,  
Crosspool, Sheffield  
S10 5RY, 01142 666096,  
[www.artisanandcatch.com](http://www.artisanandcatch.com)  
*Terrific-value high-  
toned 'bistro de luxe' or  
informal seafood. Set L  
£15, set D £25*

### ■ Kitchen

78 Commercial Quay,  
Leith, Edinburgh EH6  
6LX, 0131 555 1755,  
[www.thekitchen.com](http://www.thekitchen.com)  
*Refined cooking in  
converted warehouse.  
Set L £19.50*

### ■ Opus

54 Cornwall Street,  
Birmingham B3 2DE,  
0121 200 2323, [www.opusrestaurant.co.uk](http://www.opusrestaurant.co.uk)  
*Bullish British produce.  
Set L and D, Mon to Fri  
£17.50*

### ■ Old Post Office

Greenwood Lane, St  
Fagans, Glamorgan  
CF5 6EL, 029 2056  
5400, [www.old-post-  
office.com](http://www.old-post-<br/>office.com)  
*Good-value  
neighbourhood  
restaurant. Set L £14.95*

### ■ The Trinity, Crown and Castle

Orford, Suffolk IP12 2LJ,  
01394 450205, [www.crownandcastle.co.uk](http://www.crownandcastle.co.uk)  
*Going from strength to  
strength. Set L £14.95*

### ■ Wild Honey

12 St George Street,  
London W1S 2FB, 020  
7758 9160, [www.wild  
honeyrestaurant.co.uk](http://www.wild<br/>honeyrestaurant.co.uk)  
*A balance of skill,  
imagination and value.  
Set L £15.50, pre-  
theatre (6-7pm) £17.50*

*The Good Food Guide 2009 will be published in September, when all members will be offered a special discount. Watch this space for more details.*