

Julie Lennard researched fast food, p10. She says: 'Salads may contain more salt than burgers.'



Tim Young researched extended warranties, p16. He says: 'Sales staff still seem to

he unfamiliar with the rules on selling extended warranties.

Editorial Jaclyn Clarabut, Malcolm Coles, Jon Dunning, Kirsten Edwards, Liz Edwards, Elizabeth Eyre, Shauna Massey, Simon Spruce, Abigail Waraker, Barbara White, Kim Winter

Production Bev Jordan, Joanna Bregosz

Design Ian Bartholomew, Neil Darby, Sofia Henry, Mark Massey, Suzanne Taylor, Sam Williams

Which? Research Donna Baker, Jon Barrow, James Beardon, Elizabeth Bowden, Michael Briggs, Matthew Brown, Chris Christoforou, Alastair Colman, Jenni Conti (Head of Services), Jenny Durling, David Evans, Alison Eastwood, Ian Ferrell, Rebecca Fearnley, Rosie Fletcher, Jon Forfar, Lal Forfar, Teresa Fritz, Lisa Galliers, Melanie Green, Ashleye Gunn (Head of Money), Edward Hare, Camilla Hassan, Dave Holes, Anthony Hume, Julie Hunter, Simone Johnson, Julie Lennard, Nick Kirby, Jo Langenhan, Ayesha Lawrence, Liam McCormack (Head of Research), George Marshall-Thornhill; Chris Matthews, Sandie Mattioli, Mike Navlor, Andrew Neeson, Naomi Newman, Robert Nicholls, Oliver Pawley, David Pawsey, Lizzy Payne, Victoria Pearson, Kate Shipp, Cassie Smith, Paul Smith (Head of Products), Ceri Stanaway, James Tallack, Pete Tynan, Fiona Vanier, Alison Watson, Guy Widdowson, Richard Wilkinson, Andy Woodward, Tim Young

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Supersize me

Welcome to the biggest Which? ever-76 pages of advice, an eight-page index covering two years and unique, unbiased test results on a massive 346 products.

Of course, size isn't everything. And our investigation into the huge fast-food industry reveals the downside of its convenience. No surprise there, you might think.

But not everyone's as clued up as us. How did one girl come to prefer McDonald's 'because I like healthy foods' (p12)? And if you ever pop into fast-food joints, beware of some salads. We found a KFC salad with more than 3g of salt in it - that's half the recommended maximum daily intake in what you might assume is a healthy option.

You expect burgers to be loaded with calories. But a McDonald's salad, including dressing, had 11.1g of saturated fat per portion – more than half the recommended maximum daily intake for a woman. In a salad! So think twice about where to eat when you're out using our suggestions on which presents to buy. Happy Christmas.

Malcolm Coles, Editor

IN THE WASH

Hot news and lukewarm responses

SHOPPING ONLINE Two thirds of us will shop online for presents, says market research agency GMI. The figure is higher than in any other nation

ENDING RED TAPE The National Consumer Council wants a relaxation of the rules on where people can marry as well as Sunday opening hours

DIRTY CARS An unsightly car could cause your house price to crash. Estate agents reckon an old banger knocks 5.5% off the price, according to a survey by NetworkQ



ID THEFT

Americans happily give away security details, shows research by RSA Security. 70% told researchers their mother's maiden name, and 55% revealed how they think up passwords

CAR SAFETY CHECKS Only 22% of us regularly check tyre tread, says research by **Unipart Automotive**



Members' 01992 822 800 helpline 0845 307 4000

CANINES AT XMAS One in three families with

dogs takes them on holiday,

has found

pet-food maker Waga

Post PO Box 44, Hertford X, SG14 1SH Email which@which.co.uk

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